

# MY NEXT MOVE

## **Physical Therapist Assistants**

**Also called:** Physical Therapist Assistant (PTA), Physical Therapy Assistant (PTA), Physical Therapy Technician, Licensed Physical Therapist Assistant (LPTA)

#### What they do:

Assist physical therapists in providing physical therapy treatments and procedures. May, in accordance with State laws, assist in the development of treatment plans, carry out routine functions, document the progress of treatment, and modify specific treatments in accordance with patient status and within the scope of treatment plans established by a physical therapist. Generally requires formal training.

#### On the job, you would:

- Instruct, motivate, safeguard and assist patients as they practice exercises and functional activities.
- Observe patients during treatments to compile and evaluate data on their responses and progress, and provide results to physical therapist in person or through progress notes.
- Confer with physical therapy staff or others to discuss and evaluate patient information for planning, modifying, and coordinating treatment.

## KNOWLEDGE

#### **Business**

· customer service

#### Health

- therapy and counseling
- medicine and dentistry

### **Education and Training**

teaching and course design

#### Math and Science

psychology

## SKILLS

#### **Basic Skills**

- talking to others
- listening to others, not interrupting, and asking good questions

#### Social

- understanding people's reactions
- changing what is done based on other people's actions

## **ABILITIES**

#### Verbal

- · communicate by speaking
- listen and understand what people say

## **Ideas and Logic**

- notice when problems happen
- group things in different ways

## Hand and Finger Use

- keep your arm or hand steady
- · put together small parts with your fingers

## PERSONALITY

People interested in this work like activities that include **helping people**, teaching, and talking.

They do well at jobs that need:

- Concern for Others
- Cooperation
- Integrity

- Attention to Detail
- Dependability
- Self Control

## TECHNOLOGY

You might use software like this on the job:

#### Medical software

- BioEx Systems Exercise Pro
- Rehab Documentation Company ReDoc Suite

#### Accounting software

- Billing software
- · Bookkeeping software

#### Data base user interface and query software

- dBase
- FileMaker Pro software

## EDUCATION



associate's degree or

some college usually needed

# JOB OUTLOOK



New job opportunities are very likely in the future.

SALARY:

\$48,290

per year, on average

# **EXPLORE MORE**

- Athletic Trainers
- Child, Family, & School Social Workers
- Physical Therapists
- Recreational Therapists
- Social & Human Service Assistants

You might like a career in one of these industries:

• Health & Counseling

Send comments or questions to O\*NET Info (onet@onetcenter.org).